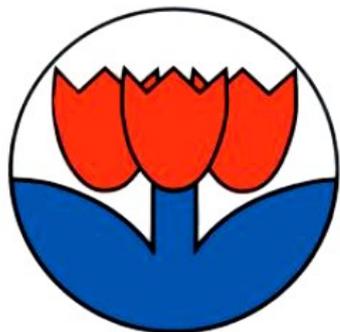


# IWC International Women's Club South Limburg

Volume 36, Issue 6  
March 2020



*“Women connecting the world”*

Bringing together women of all nationalities living in the area of South Limburg, promoting friendship, sharing mutual interests and extending support and information to newcomers.

*All rights reserved*

Photo: Anneke Van Tilburg

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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> <u>Book Club</u> Meet at Paolo's @ 14:00.	<b>5</b> Movie Night at Lumière—19:00.	<b>6</b> <u>First Friday</u> Poshoorn, Wijck @ 20:00.	<b>7</b>	
<b>8</b> International Women's Day	<b>9</b> <u>Spanish Group, Group D</u> Potluck Lunch at Silvina's @ 12:00.	<b>10</b>	<b>11</b> <u>CEE Group</u> Dinner at Quattro Mori @ 19:00. <u>German Group</u> Meet in Café Zuid @ 19:30.	<b>12</b> <u>Groups F, G &amp; H</u> Coffee @ Chat chez Molly @ 10:00. <u>What's Cooking</u> Susana's @ 10:00.	<b>13</b>	<b>14</b>	
<b>15</b>	<b>16</b>	<b>17</b> <u>Groups A &amp; B</u> Coffee & Chat at De Vief Heringe @ 11:00. 	<b>18</b> <b>IWC Pub Quiz - Café Charlemagne @ 19:30.</b>	<b>19</b> <u>Group I</u> Trip to Liège—Tutankhamun Exhibition.	<b>20</b> <u>Groups F, G &amp; H</u> Art Exhibit: Works of Michelle Faaij "Characters" Museum Valkenburg @ 11:00.	<b>21</b>	
<b>22</b>	<b>23</b> <u>Rose Book Group</u> Meet at Silvina's @ 10:00.	<b>24</b> <u>Baking Group</u> Sabrina's @ 10:00	<b>25</b>	<b>26</b>	<b>27</b> <u>Groups F, G &amp; H</u> Statue walk in Maastricht @ 10:00. Meet at Tapijnkazerne. <u>Spanish Book Group</u> Meet at Maria Jose's @ 19:30.	<b>28</b>	
<b>29</b>	<b>30</b> <u>Groups F, G &amp; H</u> Trip to Liège—Tutankhamun Exhibition.	<b>31</b> <u>Photo Group</u> Meet at Kasteel Oost @ 10:00,	<div style="border: 2px solid black; border-radius: 15px; padding: 10px; display: inline-block;"> <p><b><u>Wednesday, March 18</u></b> <b><u>IWC Pub Quiz—Café Charlemagne @ 19:30.</u></b></p> </div>				

# Board Members

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## **President**

Beth Mulhall



[bethmulhall@gmail.com](mailto:bethmulhall@gmail.com)

## **Vice President**

Ann Boddé



[ac.bodde@xs4all.nl](mailto:ac.bodde@xs4all.nl)

## **Treasurer**

Andrea Tyreman



[andreatyreman@msn.com](mailto:andreatyreman@msn.com)

## **Secretary**

Lucy Alvarez Ooi



[iwcsecretarylucy@gmail.com](mailto:iwcsecretarylucy@gmail.com)

## **Activities Coordinator**

Nikki Beulens



[activities@iwc-sl.nl](mailto:activities@iwc-sl.nl)

## **Welcome Chair**

TBD

[welcome@iwc-sl.nl](mailto:welcome@iwc-sl.nl)

## **Newsletter Editor**

Mary D'Lazarus



[editoraiwc@gmail.com](mailto:editoraiwc@gmail.com)

# *IWC South Limburg : Privacy policy*

## *Please read carefully before renewing your membership*

This page is relevant both for those applying for membership and for existing members.

According to the GDPR rules we have to respect your privacy with an official statement detailing how we deal with the information you provide.

This page also explains what you have to be aware of when it comes to the use of photos and information on our website and our social media platforms.

When you apply for membership we store the information you supply in a database hosted by wordpress on an EU server. We ask for the information on the application form in order to ensure you are eligible for membership, that we can accommodate your interests in the best possible way and to further contacts between our members.

We endeavour to delete member data when you leave the club, but we may keep some information for statistical purpose and to help the process should you return to South Limburg at a later point and reapply for membership.

The membership director stores a list of members on a local computer.

The editor of the IWC is also responsible for the Membership Directory leaflet. In the production of this, your data and pictures may be shared internally, and with the printer. Unless we have been otherwise informed in writing, your data will appear in this leaflet and where it may be available online, accessible to members only.

The treasurer stores information about the members in order to be able to charge membership fees and control payments. This is also done on a local computer.

The pictures used on our website are approved for use by people in the pictures. Those pictures are static and not changed often.

Pictures and information in the Facebook group are only available to members. We cannot guarantee where Facebook stores this information, but it is probably not limited to EU.

Both the IWC photographer and members themselves take pictures of people and post them on the closed Facebook group. Some pictures may be used other places to promote club activities. If you do not want your picture taken, please inform the person taking the photographs that you do not want to be in the picture.

Being a member you accept this use of your information.

If you have any doubts or you do not agree with our privacy policy we suggest you email us to:

info@iwc-sl.nl

**IWC South Limburg**

# President's Voice

**Beth Mulhall**



Dear Ladies,

Well despite all that February's weather and storms threw at us, we still managed to have many enjoyable club outings and events. Some braved a weekend walk or the city walk with Molly, while others preferred to stay warm at a book club meeting or cosy coffee with their groups. A highlight for me was the wonderful Chinese New Year lunch kindly organised by Ling. We welcomed in the Year of the Metal Rat; considered a good year for founding and evolving so if you have some ideas for new initiatives or ventures, this may be the year to try them out.

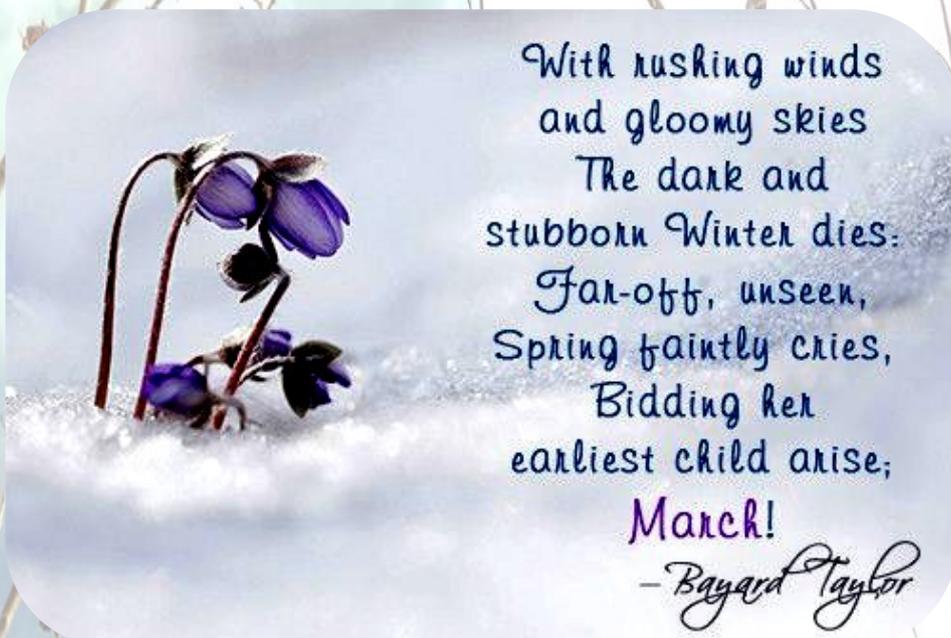
As you all know, our club exists, flourishes and grows all thanks to the efforts of our many volunteers and we are continually thankful to them all. Many lead and coordinate groups and activities for years but we do sometimes need more helping hands. At present we are looking for a new coordinator (or two) for the country walks group. In the past this has worked well with a small team of three ladies, who together or in turns lead a monthly weekday walk. With Spring just arriving this is the perfect time for a fresh start so please let us know if any of you are interested.

Our leader ladies have been busy again filling up the March calendar of events and activities so why not immediately have a browse through it, take out your agendas and reserve time to join a few events.

Perhaps try something new like Monique's wine group, practice your Dutch with Yvonne's Dutchesses or join us for our first Charity Pub Quiz on Wednesday 18<sup>th</sup> - we promise a fun night and a chance to test your International themed general knowledge!

Looking forward to seeing many of you throughout March.

Beth



# Message from the Activities Coordinator

**Nikki Beulens**



Dear Ladies,

Just when we think Spring has arrived, winter rears its windy, cold head again. I hope you all enjoyed the Carnival season, whether it was participating or escaping it. It was another great turnout at 't Keerhoes for our Monthly Meeting on the 19<sup>th</sup>. First of all, a huge thank you to Group I ladies who not only provided a delicious buffet of snacks for us but also manned the bar like pros. Fantastic teamwork.

The book sale was modestly good, but the highlight of the evening had to be Luisa's very informative and exhilarating presentation on wine pairings. I think we all learned something new and she was very generous and answered all our exuberant questions. Thanks Luisa, you are a star!

Just a quick note about attendance, I must give credit to all the ladies from Belgium, Heerlen and Maastricht who were present that evening. I realize 't Keerhoes is not the most glamorous or accessible venue, but the important thing is that we come together - right? To have a drink and a laugh, this is the very core of what the IWC stands for. I hope more ladies who are hesitant to attend events at 't Keerhoes will rethink and join us in the future. Car-pooling is the key. And believe me you WILL want to be there on Wednesday, April 15<sup>th</sup> for a VERY special evening.

As I announced at the meeting, we have two very exciting events coming up - The first ever IWC CHARITY PUB QUIZ on Wednesday, March 18<sup>th</sup> at Café Charlemagne in Maastricht (please see flyer for details). This is an evening of fun, quizzing and lots of laughs for a good cause. Teams will be made up of FIVE team members max and the team with the highest score at the end of all the rounds - wins!

On Wednesday, April 15<sup>th</sup>, 't Keerhoes will be transformed as the American ladies of the IWC will host a very special themed 'AMERICAN EVENING'. More details will be revealed next month, but you can expect great food, music, dance and much more from our intrepid American ladies, and I, for one cannot wait.

Cheers

Nikki

# Photos from the Get Together at 't Keerhoes



# Photos from the Get Together at 't Keerhoes



# New Members

## Ceylan Arslan

Ceylan was born in Turkey and holds both Turkish and Dutch nationalities. Her professional background is quality assurance software development. She also enjoys fitness and spending time with friends. Ceylan joins Group E.

## Lacey Boggs-Elliott

Lacey arrived from the U.S. in October 2019 and has been a school teacher by profession. She loves meeting new people and experiencing new cultures and is passionate about working with children, art and travelling. Lacey joins Group F.

## Mary-Martha Bahn

Mary-Martha is also from the U.S. and has been living in Maastricht since July 2019. She and her husband are living their dream of living and working in Europe. She loves to read, bake, work in the garden and ride her bike. Mary-Martha joins Group H.

## Joanna de Vos van Steenwijk

Joanna was born in the U.K. and holds both U.K. and Dutch nationalities. She moved to the Netherlands three years ago, and to Limburg six months ago, to be close to her eldest daughter and her family. She loves books, writing and travelling in her VW Campervan. Joanna joins Group H.

## Welcome Get2gether

Dear Ladies,

The next Welcome Get2gether —check our **Welcome Page**:

If you know of any prospective members, please direct them to [welcome@iwc-sl.nl](mailto:welcome@iwc-sl.nl) .

<https://www.facebook.com/groups/1415485645165982/>

This Facebook page is only for prospective members.

## Are you new to the club and love reading?

### Good news!

Any new ladies in the club who are interested in joining one of our book clubs, we have two which currently have space to welcome new members.

- The 'Rose Book Club': Contact Silvina ([silvinalom@gmail.com](mailto:silvinalom@gmail.com)).
- And for our Spanish speakers, the '**Spanish Book Club**': Contact María José ([grupohispanodelectura@gmail.com](mailto:grupohispanodelectura@gmail.com))
- Why not start a new group: reading in French? **Send your ideas to [info@iwc-sl.nl](mailto:info@iwc-sl.nl).**

# Announcements—Nominated Candidates

## **President—Monique Caelen**

Being born in Bunde, under the smoke of Maastricht, links me to the Limburgian lifestyle and cosiness (gezelligheid). Although I love this lifestyle, I am also interested in various cultures and as a consequence feel that I am internationally orientated. In that context, I enthusiastically joined the International Women's Club.

At the moment, together with Anneke van Tilburg, I am group leader of groups G&H. I also organize the First Friday drinks and the wine group.

While exploring the world, I met people from different countries in almost every part of the world. I certainly enjoyed my life in the United States in the state Pennsylvania. My children and I joined my husband, who got the opportunity to study at the US Army War College. 80 students and their spouses from around the world opened many doors for international friendships.

My four daughters, aged 18 to 26, do not demand a lot of time. That means I have enough time to contribute to the IWC. My education in Breda at the Social Academy provides me with sufficient knowledge and skills to be of added value to the IWC in this position. And I am very enthusiastic and I always try to do the best that I can!



## **Vice President- Gaby Matti**

My name is Gaby Matti and I come from Austria. Falling in love with a Dutchman who I met during a ski holiday brought me to the Netherlands at the end of 1998. As a former flight attendant speaking four languages, I was used to meeting and conversing with people from various walks of life and was therefore very excited when I found out about the International Women's Club in Maastricht. I immediately became an enthusiastic member in 1999 and was even a board member as a group coordinator 18 years ago. It is a great honour for me that the nomination committee has approached me to apply for the position of vice president of the IWC.

As my son Timo is going to university this autumn and the reconstruction of our new house will hopefully be finished by the end of this summer, I am ready for a new challenge. With a lot of energy, passion and experience I will give back something to this wonderful club which means a lot to me.

I would like to thank all dear members and the nomination committee for their confidence in having me on the board.



## **Treasurer—Cynthia Sie**

It is an honour to be approached by the nomination committee to join the IWC Board as Treasurer starting September 2020. My grandmother was a member and my mum is still a very active member -indeed I am the daughter of Ling Sie.

I am Indonesian by origin ( Java Island) and also have Dutch nationality. I speak Indonesian, Dutch and English. Chinese I can hardly speak but I can recognise some symbols.

During my work at a winery several years ago, I was responsible for developing marketing and financial skills. Now at the shop where I work full time I perform managing duties and am responsible for its finances. This experience gives me the confidence to believe that I can take on the tasks required of a treasurer on the board.



# Announcements—Nominated Candidates

## **Secretary—Jill White**

My name is Jill White and I have lived in Zutendaal, Belgium with my husband for one year now. I am originally from Minnesota, USA where I worked as an elementary school teacher for 25 years.

I enjoy being involved in the Rose Book Club as well as the variety of activities that the IWC offers. I am very grateful for the opportunity to be part of this wonderful group of women and look forward to serving as secretary on the IWC board.



## **Welcome Chairs—Maria Fernandez Muñoz and Otilia Ramos**

I'm Maria Fernandez and I come from Spain. I have been living in the Netherlands for more than 20 years and although I am very happy here, I am still not able to adapt to the vagaries of the weather, especially in the summer.

When I arrived here, like many of you expats, I did not have much contact and my social life was limited. Thanks to the club I now meet wonderful ladies and get to enjoy so many activities that bring me positive energy. I would now like to channel this positive energy into the club and contribute more to the club by being part of the IWC Board.

I will do my best to make the club an even better place where each one of us can enjoy and laugh together. Thank you for giving me this opportunity to return back to the club, with my time, all the pleasure and joy the club has given me.



I am Otilia, originally from Portugal. I have studied Portuguese and German literature in Lisbon, German "Deutsch als Fremdsprache" in Bonn and Master European Studies in Aachen. Between 1995 and 2002 I lived in Germany and worked there as a teacher and a translator. I have lived in the Netherlands for about 17 years. I have four children. After the birth of my third child I became a housewife and I now give some private lessons in Portuguese and German.

I love taking photos and have also taken some photography courses. My hobbies include walking, running, taking photos, cooking and going to the theatre and cinema.

I have been a member of IWC since 2017 and I enjoy participating in the cooking group, baking group and the photography group. Maria and I are also the group leaders of group D.



# Condolences

Ludo Janssen, husband of one of our past presidents Yvonne, sadly passed away just before Christmas.

Our sincere condolences to Yvonne and all her family.

# Movie Night



Dear Members,

SAOIRSE RONAN EMMA WATSON FLORENCE PUGH ELIZA SCANLEN LAURA DERN TIMOTHÉE CHALAMET AND MERYL STREEP

Come and join us for an evening at the movies on Thursday the 5th of March at 7 pm. at Lumière Cinema. The title of the film is:

**LITTLE WOMEN**

You can get your ticket at the counter of Lumière or buy it on line.

If you would like to eat something before the film starts, contact the restaurant to reserve a table.

After the film we can have a drink together if you wish. I hope many of you can come!



Email Yvonne: [yvonne.westerhof@gmail.com](mailto:yvonne.westerhof@gmail.com)

IWC charity

PUB  
QUIZ 



Wednesday 18th March  
Café Chrlemagne

Onze Lieve Vrouweplein 24  
6211 HE Maastricht

Doors open— 19:30 PM

Quiz begins—20:00 PM

Entry—€5 at the door

All revenues collected at the door  
will go to our

Charity of The Year.

HA IR E VOLTAR

**GREAT PRIZES  
TO BE WON!**

The More The Merrier! FRIENDS AND PARTNERS WELCOME!

RSVP PLEASE SO WE KNOW HOW MANY PEOPLE TO EXPECT—[activities@iwc-sl.nl](mailto:activities@iwc-sl.nl)

# Group Activities

## Groups A & B

Members living in Beek, Born, Doenrade, Einighausen, Elsloo, Geleen, Geulle, Munstergeleen, Oirsbeek, Puth,

Dear Ladies,

We will meet at the lovely De Vief Heringe restaurant in Sittard for coffee and conversation on Tuesday, March 17<sup>th</sup> at 11:00. Please do let me know if you would like to attend! See you there.

Warm regards,

Sabrina



**Coordinator:  
Groups A & B**

**Sabrina Vromen**  
[sg.vromen@gmail.com](mailto:sg.vromen@gmail.com)

## Group C

Members living in Berg en Terblijt, Brunssum, Heerlen, Hoensbroek, Houthem, Kerkrade, Klimmen.

Hello Ladies,

Thank you for the great response to our coffee morning in February—we had a nice morning chatting and enjoying all the lovely contributions to our table—cakes, biscuits, devilled eggs, choc chip cookies and more.

Bedankt voor de bloemetjes!

I haven't arranged anything for March due to a bad cold and sore throat and travelling to the UK.

If anything is organised I'll be in touch.

**Coordinator:  
Group C**

**Ann Boddé**  
[ac.bodde@xs4all.nl](mailto:ac.bodde@xs4all.nl)

Regards

Ann



## Group D

Members living in Aachen, Banholt, Bemelen, Cadier en Keer, Eckelrade, Eys, Gulpen, Ingber, Margraten, Mechelen, Mheer and St. Geertruid.

Dear Ladies,

Our next activity will be on March 9<sup>th</sup> at Silvina's home where you can enjoy a potluck lunch —more details are included in this newsletter under the Spanish Group.

Thank you Silvina for offering your home.

Maria and Otilia

**Coordinators:  
Group D**

**María Fernández**  
[mariajesusgulpen@gmail.com](mailto:mariajesusgulpen@gmail.com)

**Otilia Ramos**  
[otliaramos@gmail.com](mailto:otliaramos@gmail.com)

## Group E

Members living in Maastricht with postal codes 6213 to 6219.

Dear Ladies,

Thanks to Ling we had a most delicious lunch at Yong Kee to celebrate the Chinese New Year. Nearly 30 ladies, all wearing something red, symbol of happiness for the Chinese, were present. Thank you Ling for arranging it all and your informative talk on the year of the rat.

Carnival will have gone by the time you read this, but I do hope you enjoyed yourselves by participating, just watching and admiring the creative outfits or seeing it all on TV.

Who has a good idea for an activity in March?

Greetings

Lorna

**Coordinator:  
Group E**

**Lorna Teunisse**  
[anlo.teunisse@ziggo.nl](mailto:anlo.teunisse@ziggo.nl)  
043 3 47 58 31



# Groups F, G & H

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Maastricht with postal codes 6111 – 6212 (City Centre; St. Pietersberg)  
Maastricht with postal codes 6221, 6222, 6223, 6224 (Wijckerpoort), and 6229.  
Eijsden, Gronsveld, and Maastricht with postal codes 6222 (Wittevrouwenveld) to 6228.

---

## Hello Ladies,

We have lots of events planned for March. Thank you to those who are hosting and organizing. **Our goal of hosting monthly events is to provide opportunities for women to get together:**

- in the day
- in the evening and/or
- On the weekend

**If you have an idea for an activity that you would like to propose, host or organize, don't be shy. Get in touch with any one of us.**

**Enjoy your time together, Anneke, Maria and Monique**

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**Thursday, March 5 @ 19:00**

## Movie Night at Lumière Cinema

Come and join us for an evening at the movies. The film is Little Women. You can get your ticket at the counter at Lumière or purchase it on-line. If you would like to eat something before the film starts, contact the restaurant to reserve a table. After the film, we can have a drink together. We hope to see you there. **RSVP Yvonne [Yvonne.westerhof@gmail.com](mailto:Yvonne.westerhof@gmail.com) so she will know numbers and can reserve an area.**

**Thank you Yvonne for hosting this event!**

\*\*\*\*\*

**Friday, March 6 @ 20:00**

## First Friday at Poshoorn in Wijck, Maastricht

Join us for First Friday drinks in March at De Poshoorn in Wijck (Stationsstraat 47, 6212BN Maastricht) with Monique Caelen and our members, spouses and friends.

This event is open to all ladies of the IWC, their family members, friends and prospective members!

**No RSVP needed**

\*\*\*\*\*

**Thursday, March 12 from 10:00-12:00**

## Coffee and Chat with Molly

For those looking to get out and meet up with others during the day, we invite you for Coffee and Chat at Molly's, Laage Kanaaldijk 14H, 6212AE Maastricht.

**RSVP Molly Amelia (Molly) de Coster [adecoster@clayfeats.nl](mailto:adecoster@clayfeats.nl) so she will know numbers.**

**Thank you Molly for hosting this event!**

\*\*\*\*\*

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**Friday, March 20 @ 11:00 – Follow up at a nearby cafe**

**Art Exhibit: Works of Michelle Faaij “Characters” at Museum of Valkenburg**

You are invited to join Ineke to visit the works of artist, Michelle Faaij, originally from Adelaide, Australia **at the** Museum of Valkenburg. The name of the exhibition is “Characters” and you can view some of Michelle’s work on her website. She will be present to describe her works. We invite you carry on for a drink at one of the lovely places nearby. Parking is free and the museum card allows for free entrance.

**RSVP Ineke van Geel [amarte@live.nl](mailto:amarte@live.nl) if you are interested in attending so that she can reserve a spot at a café next door.**

**Thank you Ineke for hosting this event!**

\*\*\*\*\*

**Friday, March 27 @ 10:00**

**Statue walk Maastricht city centre with Thera**

Join us for a stroll to see several of Maastricht’s famous statues. Meet in front of Brasserie Tapijn, Tapijnkazerne 20, Maastricht at 10:00. Duration of the walk is 2-2 1/2 hours. You can park on Prins Bisschopssingel next to Tapijn. After the walk we can have lunch at the Brasserie.

**Email Thera van der Linden [theravdl@gmail.com](mailto:theravdl@gmail.com) if you want to participate before Tuesday 24/3!!!**

**Thank you Thera for hosting this event!**

\*\*\*\*\*

**Monday, March 30 @ 9:30**

**Tutankhamun Exhibition in Liège-Guillemins Station**

Join us on a train ride to Liège Guillemins Station to visit the **Tutankhamun exhibition**. We will depart by train from Maastricht at 9:48 and arrive in Liege-Guillemins at 10:21. Return train ticket Maastricht-Liège costs €12. You can buy it at the ticket machine in the hall of Maastricht station (close to main entrance) or online via Belgiantrain.be. Entrance ticket for the exposition is €14. **E-mail Thera van der Linden [theravdl@gmail.com](mailto:theravdl@gmail.com) if you want to participate before Tuesday 24/3!!!**

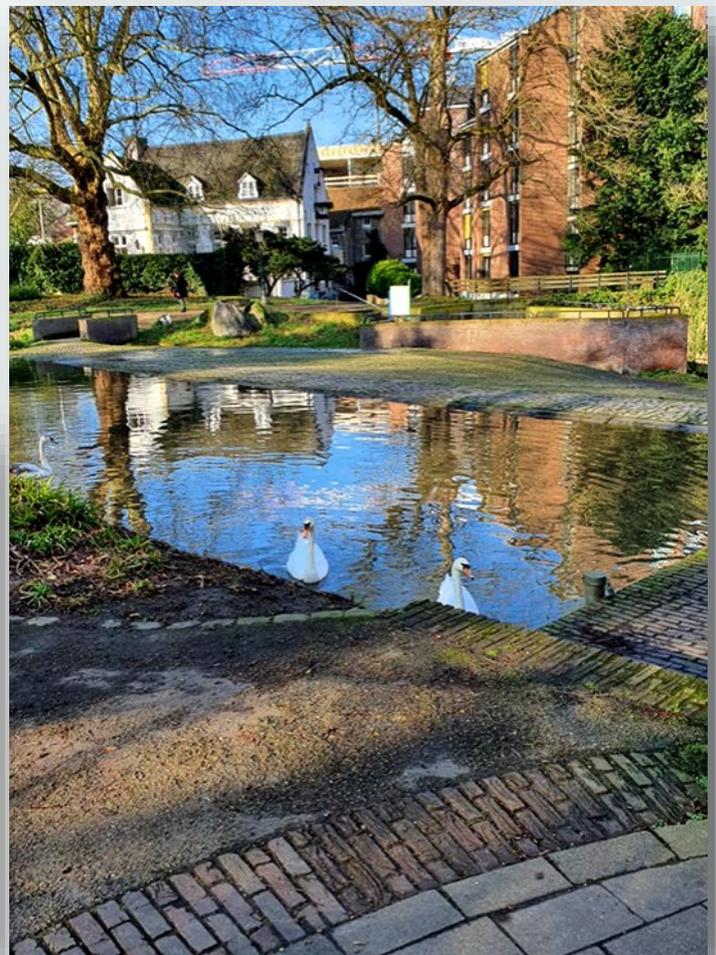
**Thank you Thera for hosting this event!**

\*\*\*\*\*

We are looking for a host for a classical concert on Sunday morning at the Theater aan het Vrijthof (April 12).

<p><b>Coordinators:</b></p> <p><b>Group F</b>  <b>Maria Lunney</b>  <a href="mailto:iwcgroupf@gmail.com"><u>iwcgroupf@gmail.com</u></a></p> <p><b>Groups G &amp; H</b>  <b>Monique Caelen &amp; Anneke van Tilburg</b>  <a href="mailto:iwcgroupgh@gmail.com"><u>iwcgroupgh@gmail.com</u></a></p>
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# Photos from Groups F, G & H



# Photos from Groups F, G & H



# Group I

Members living in Belgium

Dear Ladies,

Thank you Ling for organizing the fantastic lunch to celebrate the Chinese New Year.

For the activity in March we suggest a day out to Liège to visit the Tutankhamun Exhibition at the train station, Liège Guillemins, on Thursday, March 19<sup>th</sup>. We can take the train from Maastricht. Train ticket: Euros 12 and Exhibition Entrance is between Euros 13 -15. There is also a possibility to have a coffee, tea or lunch. Departure details will follow at a later date.

If you would like to join, please let us know before Monday, March 16<sup>th</sup>. Hope to see many of you.

Best regards,

Rita & Liliane

**Coordinators:  
Group I**

**Rita Verbist**  
[rita.verbist.spincemaille@gmail.com](mailto:rita.verbist.spincemaille@gmail.com)

**Liliane Pistorius Ubachs**  
[frans@pistorius.be](mailto:frans@pistorius.be)



All group leaders, activities leaders and board members are **100% volunteers**, do please consider this when you contact them. Please do so only via email unless a telephone is provided. It is difficult to check WhatsApp, Facebook Messenger and the Club Facebook page all in our spare time.

**Thanks to all our volunteers**, without them no Club could exist.

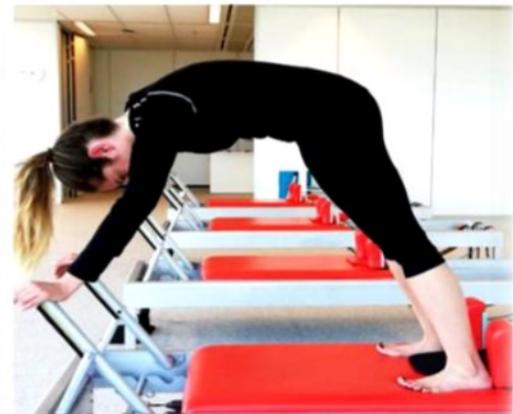
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06-28250586

[jennjordanphillips@gmail.com](mailto:jennjordanphillips@gmail.com)



### Are you interested in learning SPANISH?

Join us, classes already started but new students are always welcome. Schedule is flexible.

Certified teacher.

**Cecilia Rivas**

+31623152435

[ceciliaphx2@hotmail.com](mailto:ceciliaphx2@hotmail.com)

### Learning Dutch

Dutch for expats, all levels.

Days to be arranged.

**Yvonne Westerhof**, a Dutch Foreign Language teacher,

043 3 26 26 09

[yvonnewesterhof@gmail.com](mailto:yvonnewesterhof@gmail.com)

## Pedicure

**10% OFF**  
for IWC members

06 22 479 197

[www.tiptopvoet.nl](http://www.tiptopvoet.nl)

Sint Annadal 18F, 5th floor • 6214 PB • Maastricht

### PORTUGUESE

Individual or group lessons. All levels. University graduated teacher.

**Otília Ramos**

[www.portugese-les.com](http://www.portugese-les.com)

[otiliaramos@gmail.com](mailto:otiliaramos@gmail.com)

# Interest Groups

## Patchwork and Quilting

The IWC quilt group has been in the air more or less from the start of IWC!!

That proves that we get on very well together!

Our members are of course international women and moving around the world quite a bit.

So there are changes in the group all the time, members come and go.

That explains why we have different levels of craftsmanship, from beginners up to more experienced quilters.

So don't feel shy to join, everybody helps each other, and with good results!

Phone me, mail me.

Annemieke



### Patchwork & Quilting

Contact:

**Annemieke Beurskens**

04 54 05 31 13

[annemiekebeurskens@gmail.com](mailto:annemiekebeurskens@gmail.com)

## Knitting Group

### *IWC KNITTING "On The Road"*



There are no plans in place yet for a March meeting of the knitting group.

If you were planning on trying out the knitting group, then please get in touch with Jordan at [jennjordanphillips@gmail.com](mailto:jennjordanphillips@gmail.com).

Jordan

Contact:

**Jordan Phillips**

[jennjordanphillips@gmail.com](mailto:jennjordanphillips@gmail.com)

# Country Walks



Dear Ladies,

## Statue walk Maastricht city centre with Thera

Instead of a country walk, join us this time for a stroll to see several of Maastricht's famous statues. We will meet in front of Brasserie Tapijn, Tapijnkazerne 20, Maastricht at 10:00. Duration of the walk is 2-2 1/2 hours. You can park on Prins Bisschopssingel next to Tapijn. After the walk we can have lunch at the Brasserie.

Email Thera van der Linden [theravdl@gmail.com](mailto:theravdl@gmail.com) if you want to participate before Tuesday 24/3!!!

Thera

Contact:  
Rotation

# Photography Group



Dear Ladies,

Spring is arriving and we hope to take some wonderful photos of the first flowers starting to bloom.

We will meet at 10:00 on Tuesday, March 31<sup>st</sup> at "Kasteel Oost", Oosterweg 30, 6301 PX Valkenburg and walk to "Kasteel Schaloen" (about 5 km to and fro) taking pictures along the way. After the walk we could enjoy a coffee with some delicious Limburgse vlaai in Kasteel Oost.

Please let me know per email at least a day before if you would like to join.

[otiliaramos@gmail.com](mailto:otiliaramos@gmail.com) .

I would love to see you there!

Otilia

# THE SILVER PINNERS



## Calling all Silver-Pinner's ..

When I rose from my chair at the AGM to suggest the formation of an IWC group for the growing number of "Silver Pinner's" – members who have belonged to the Club for 25 years – little did I anticipate the response. Complications arose over the summer and I didn't, as promised, get back in September to all those who had showed interest. Liesbeth Quaadgras rode to the rescue and welcomed two groups to her home in consecutive weeks on 5<sup>th</sup> and 11<sup>th</sup> October. The number of interested members was too large to be accommodated in one "sitting"! Ann Boddé, as IWC Board representative, attended the first meeting and welcomed the initiative on behalf of the Club. A number of members who were unable to attend either gathering have also expressed interest so the group has a total of approximately 30 members which, of course, will grow as more members fulfil the 25 year membership qualification.

Our raison d'être? To provide a forum to foster common interests, chat and sympathetic support for those long-term members who share a history, needs and focus. It is a group like many others within the IWC, not a separate organisation: the last thing we want to do is split from the Mothership. The needs of older residents who are, almost by definition, permanent residents of the area, sometimes vary from others' and should be taken into account. Not only do we wish to raise our voice but as we are here for the long-term, we provide continuity to the Club as well as being a bottomless pit of invaluable information: we are to be cherished!

I have agreed to be the communication point for the Silver Pinner's group and will forward activities' information to its members as well, of course, as reporting in the Newsletter. If we have inadvertently missed anyone off our list, please contact me and you will immediately be included.

Long may we thrive – even those with artificial knees and less than perfect hearing!

Regards,  
Carol



# Dutchesses



Dear Members,

International members who have learned Dutch or are in the process of learning Dutch can practise their speaking skills in a relaxed and informal atmosphere. We meet once a month in a café or in each other's home.

Details of the March meeting will be communicated via email.

Regards

Yvonne



**Contact:**

**Yvonne Westerhof,**

043 3 26 26 09

[yvonnewesterhof@gmail.com](mailto:yvonnewesterhof@gmail.com)

# Central and Eastern Europe Group



Dear Ladies,

This month the CEE get2gether is going to take place on 11<sup>th</sup> March at 19.00 in the restaurant Quattro Mori , Hoogbrugstraat 63 in Maastricht.

We are going to celebrate International Women's Day. I hope to see you there.

Agnieszka

**Contact:**

**Agnieszka Oweibo**

[agnes.o@hotmail.com](mailto:agnes.o@hotmail.com)

# Bridge Group



Ladies.

I have recently joined the IWC (most of you will know me as Nikki's mum).

I am an avid bridge player and am very interested in starting an English speaking Bridge Group for like-minded ladies.

I think it's a good way of keeping the grey cells ticking and making new friends!

Please email me at [fayvohra@gmail.com](mailto:fayvohra@gmail.com) if you would like to join.

Cheers,

Fay

**Contact:**

**Fay Vohra**

[Fayvohra@gmail.com](mailto:Fayvohra@gmail.com)

0633090150

# Spanish Book Group



Holas chicas,

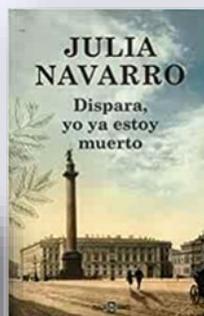
We are rescheduling the date for our meeting as the book is too big to be completed by 4<sup>th</sup> March. We will now meet at Maria Jose's home on **27<sup>th</sup> March at 19:30.**

Our book is *Dispara, yo ya estoy muerto* de Julia Navarro.

Puedes leer en castellano, quieres unirme? Por favor envia un email:

[grupohispanodelectura@gmail.com](mailto:grupohispanodelectura@gmail.com)

Silvina



**Contact:**

**Maria José**

[grupohispanodelectura@gmail.com](mailto:grupohispanodelectura@gmail.com)



# Body and Soul

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Food for soul and body! Under this theme I would like to start a new activity combining my passion for cooking and reflecting on life and happiness!

I invite you to a short guided meditation with sharing some aspects of our life over a meal afterwards. What makes us happy, what do we love about ourselves and life, why do certain people make me feel angry and others not - there are a lot of aspects worth reflecting on...

Contribution for the food will be €7.50 per person!

If you are interested in joining please contact Anette at [anettebolton@hotmail.de](mailto:anettebolton@hotmail.de), indicating whether you would prefer a lunch or a dinner session.

**Contact:**  
**Anette Bolton**  
**[anettebolton@hotmail.de](mailto:anettebolton@hotmail.de)**

# Rose Book Group

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Dear Ladies,

A big thank you to Desiree for hosting our last meeting on Monday, 20 January where we discussed "the five people you meet in heaven" by Mitch Albom.

Silvina will host the next meeting on Monday, 23 March at 10:00 a.m. We will discuss "The Seven Sisters" by Lucinda Reilly.

Do please email me at the email address below if you would like to join.

Silvina

**[Silvinalom@gmail.com](mailto:Silvinalom@gmail.com)**



# Baking Group



Dear Ladies,

Please join me on Tuesday March 24<sup>th</sup> at 10:00 for a baking session to welcome Spring.

We will be baking up wonderful bright citrus and berry treats!  
Please contact me if you'd like to join this session.

Regards

Sabrina

**Contact:**  
**Sabrina Vromen**  
**[sg.vromen@gmail.com](mailto:sg.vromen@gmail.com)**

# Pool Billiards Group



What is the idea: we will play pool whenever we feel like it. We play at Snooker Centrum Maastricht at the Tongerseweg 46. We split the costs €9.50/hour for a pool table, cues and balls.

And don't worry nobody is really good at it....yet 😊

Everybody is welcome to join, simply let me know at [annekevantilburg@yahoo.co.uk](mailto:annekevantilburg@yahoo.co.uk)

Anneke



# First Friday Drinks



First Friday is a casual meeting held at a **different Café every first Friday of the month**. Members are welcome to bring friends, partners and anyone who is willing to have a great time. At the event, don't be shy and join the big loud English speaking group and introduce yourself and your friends.

Feel free to propose your favorite venue. We are open to discovering new places. We will keep you posted on the IWC Facebook page by creating an event. Don't forget to confirm your participation.

Join us for First Friday drinks in March at De Poshoorn in Wijck.

This event is open to all ladies of the IWC, their family members, friends and prospective members!!

## Monique

**Friday, 6<sup>th</sup> March @ 20:00**  
**De Poshoorn**  
**Stationsstraat 47**  
**6212BN Maastricht**

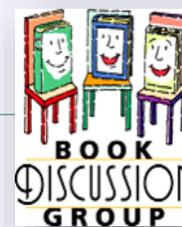


**Contact:**

**Monique Caelen**

[mmacaelen@gmail.com](mailto:mmacaelen@gmail.com)

# Book Group



On March 4<sup>th</sup>, at 14:00, we will meet at Paola's to talk about Steven Millhauser's "Martin Dressler".

On April 22<sup>nd</sup>, again at 14:00, Diane will host the discussion of Melissa Harrison's "All Among the Barley". Hopefully, Diane will still have over some of the homemade delicious mince pies currently stashed in her freezer..

Carol

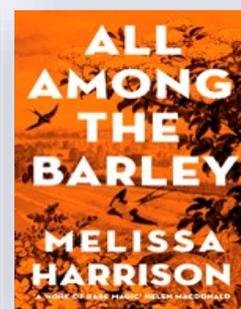
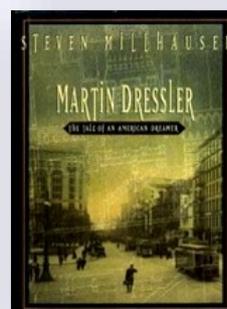
**Contact:**

**Jane Roeleveld;**

[janeroeleveld@xs4all.nl](mailto:janeroeleveld@xs4all.nl)

**Carol Herman;**

[carol\\_herman@wxs.nl](mailto:carol_herman@wxs.nl)



# Spanish Group— Grupo Hispano



Hola chicas lindas,

Que exito que ha sido la celebracion en el restaurant chino y ademas muchas de Ustedes participaron! Gracias.

Nos juntaremos el proximo lunes 9 de marzo en mi casa para compartir un potluck. Prefiero no dejar mucho a la suerte y hacerlo un poquitin organizado. Sugiero que si quieren participar, me escriban antes del viernes 6 y coordinamos que les gustaria traer. Yo me encargo de poner las bebidas y postre. Email: [silvinalom@gmail.com](mailto:silvinalom@gmail.com).

Somos muchas en el grupo por eso no lo dejen a ultimo momento pues mas de 20 no puedo sentar en casa. Mil gracias por la comprension!

Hare tambien una mini rifa para ayudar a la caridad del IWC pero los numeros seran vendidos por solo un euro, asi todas pueden participar sin romper la cuenta de ahorros. Asi que si quieren traigan algo de cambio. Por supuesto, sin obligacion. Nos vemos el **9 de marzo 12hs.**

All ladies that can follow simple Spanish conversation are welcome to join this group, but please do email me beforehand at the above email address.

Silvina

# What's Cooking?



The session covering Palestinian cuisine which Susana will be hosting has now been rescheduled to Thursday, 12<sup>th</sup> March at 10:00. Maximum number that she can host is 10 people.

Interested in joining the cooking group? Find out more....

Contact: Martha [mtuninga@xs4all.nl](mailto:mtuninga@xs4all.nl)

# Breakfast Group



Ladies,

Thank you all for attending the breakfast at Flencious! It turned out to be a lovely morning.

Details of the next breakfast group meeting will be posted on Facebook.

Regards

Nurlaila Sari Olson: [esyalle@gmail.com](mailto:esyalle@gmail.com)



# Wine Appreciation Group



It is the intention to meet every month as a Wine Appreciation Group (WAG), focusing on and learning about different wines. A theme is associated to every month, e.g. bubbles, red wines, roses, wines from different countries and so on.

This is how it works:

- Each participant brings along a bottle of the 'themed wine' along with their own glass and a snack to go with it.
- We then get to taste the different wines and snacks and have a fun evening together.

Details of the next meeting will be posted on Facebook.

Ciao

Monique  
[mmacaelen@gmail.com](mailto:mmacaelen@gmail.com)



# Book and Wine Group



Hello Ladies,

At the moment, our book club is at full capacity.

If you're interested in joining the waiting list for this group, please send an email to Elena Pardo Jansen or Billy Steinert @ [elenapardo9@gmail.com](mailto:elenapardo9@gmail.com) or [sybille.steinert@yahoo.com](mailto:sybille.steinert@yahoo.com).

Happy Reading Friends!

Elena & Jaap

# Darts Group



Hello Ladies,

Have you always wanted to play darts or are you already playing darts and want to do it together with other women? Then join our newly formed darts group. Send me an email with your phone number and I'll add you to the WhatsApp group.

Cheers

Anneke

Email: [annekevantilburg@yahoo.co.uk](mailto:annekevantilburg@yahoo.co.uk)

Opus 16 Concerten is a classical music series in Eijsden. We bring concerts to an intimate, warm audience. Come enjoy evenings with us with your favorite beverage afterwards. [www.facebook.com/opus16concerten](http://www.facebook.com/opus16concerten)

# Pub Quiz



We meet, once a month, for a Pub quiz at John Mullins in Maastricht. You better get to know trivia because that is what it's all about! So if you are in for an evening of the well known 3Fs—Fun, Friendship and Frustration, come and join us!

BTW clever friends and family are also invited - questions are in English and Dutch. If you want to join the group please let me know by sending me an email: [annekevantilburg@yahoo.co.uk](mailto:annekevantilburg@yahoo.co.uk).

Cheers

Anneke



# Weekend Walks

Weekends walks are usually planned on a Sunday afternoon and start with a drink or lunch before we start moving. We walk appx. 1.5 hours in various places.



Generally speaking the routes are of average difficulty, but it's always depending on your own endurance and health. (Non) members, friends and family are very welcome. If you want to join the group please let me know by sending me an email: [annekevantilburg@yahoo.co.uk](mailto:annekevantilburg@yahoo.co.uk).

Cheers

Anneke

# Walking without Talking



## Only for IWC Members

Walking without talking: We meet and greet first, but then it's silence all the way. It might be a challenge for some, but imagine using all your senses during walking. Feel the earth beneath your feet, smell the winter, hear the wind through the trees, see the flowers and if we are really quiet we might even encounter some wild animals! You will feel the wind, sun, snow or rain on your skin and might even get more in touch with you higher senses!

Consider this time together as quality time, a different way of socializing, because being together without talking gives a whole new dimension to your relationship. Our pace is slow and we walk for an hour/an hour and a half. Who dares? Having a drinks afterwards is optional.

Saturday, May 16<sup>th</sup> at 14:00 Ilse and Sarah of De Krekelwei in Bilzen are organizing a Forest bath! I am going and if you want to join me, please let me know by sending me an email. Costs are €15..0 incl. tea, herbal cake and an English version of the meditation if needed.

For those of you who are interested in reading more on forest bathing, meditative walking or as the Japanese call it 'shinrin yoku', you can find lots of info on the internet.

Please send me an email at [annekevantilburg@yahoo.co.uk](mailto:annekevantilburg@yahoo.co.uk) if you want to be part of the group.

# Photographs Weekend Walk



## Photographs Weekend Walk



# Language Circles

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## German



**Gaby Matti**

043-3212682

06-57594242

[gaby@rogama.nl](mailto:gaby@rogama.nl)

To all ladies who want to speak and to practise the German language. No matter what level you have everyone is welcome to join us.

For the next German speaking evening we will meet on **11<sup>th</sup> March at 19:30 in Café Zuid, Plein 1992 No. 15 in 662 JP Maastricht.**

Please let me know in advance if you are able to come. Hope to see many of you.

**“Freue mich auf ein Wiedersehen“**

## Spanish



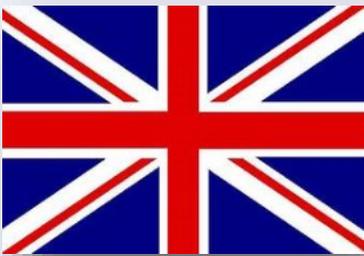
**Silvina Lombardo**

+32 89 76 58 30

[silvinalom@gmail.com](mailto:silvinalom@gmail.com)

Spanish natives + fluent Spanish speakers monthly, as convenient. At each other's homes.

## Conversational English



**Nicole de Vries**

043 350 90 77

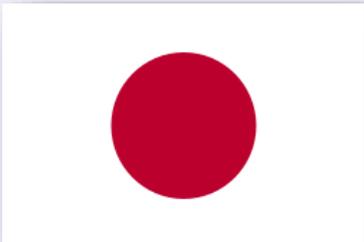
[Nicole.devries@planet.nl](mailto:Nicole.devries@planet.nl)

We meet in each other's homes once a month on a Thursday. New members are welcome to join.

Further details will be communicated per email.

People who no longer want to receive our mails, please let me know at [Nicole.devries@planet.nl](mailto:Nicole.devries@planet.nl)

## Japanese Oshaberigai



**Yukiko Takayanagui  
García**

06 41 37 69 31

[yukiko2008@cs.com](mailto:yukiko2008@cs.com)

We meet once a month, for a tea/coffee, lunch or to participate in Japanese culture related activities.

# Open Door



Open Door is an inter-club network of International Women's Associations around the world which aims to facilitate and promote contact and communication between sister clubs. It's main aim is to help members who are moving to a new city or country and feel at home by meeting a group of like minded women, helping to adjust to a new culture and foreign language as well as making new friends through a variety of activities.

Currently there are 68 clubs which "Open their Doors" .**Should you be visiting or moving to a country where an Open Door Club exists, please contact Irene Suilen** who will let you have the contact details of the International Coordinator of that Club, to contact when you arrive. When visiting a Club, please remember to take your Membership Badge with you as proof of membership of the IWC of South Limburg.

**Irene Suilen, International Coordinator**  
[suilenwi@home.nl](mailto:suilenwi@home.nl)

## Club Information

**Membership fee for the year September to August is €45.**

New Members - For the first year of membership in the IWC, you should pay the following amount, depending on the month you join:

**Sep-Dec: €45 EUR** (+ €7 EUR one-time administration fee = **€52 EUR**)

Jan-April: **€30 EUR** (+ €7 EUR one-time administration fee = **€37 EUR**)

May-Aug: **€15 EUR** (+ €7 EUR one-time administration fee = **€22 EUR**)

After the first year, the Club fees are €45 per year (September through August) – payable no later than 1<sup>st</sup> October. Club fees can be paid only via ABN AMRO Bank N.V. Int. Women's Club Limburg—

**Account Number IBAN Number: NL32ABNA0490106064; BIC: ABNANL2A.**

Be sure to indicate your name, especially if the bank account is in the name of someone else (e.g. your partner).

# CLUB INFORMATION

## IWC Bylaws

The IWC bylaws are posted on the IWC website (under Yearbook) and on our Facebook page. A paper copy is available upon request.

## IWC Network Policy

Club—wide emails to the membership are intended for club affairs ONLY and NOT for the promotion of non-IWC endeavours, personal and professional. Thank you for your cooperation and understanding.

The use of the IWC website and Facebook page by members will be evaluated on a case-by-case basis as deemed necessary by the Board and Webmaster.

## Editorial

The Newsletter is published **9 times a year**, on the **1<sup>st</sup> of the month**, from September through June.

**The deadline for all contributions is the third Wednesday of the month** (the same date as the Monthly Gathering).

**Reminders are sent out to regular contributors.**

The Editor reserves the right to cut or edit material sent to the newsletter for publication and cannot guarantee inclusion.

Views and opinions expressed in individual articles in the Newsletter do not necessarily represent the views of the IWC.

If you have any comments or suggestions please do email the Editor: [editoraiwc@gmail.com](mailto:editoraiwc@gmail.com)

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- Special rates for recurring ads on request.

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(Please refer to Club Information for payment advice)

Mini ads for members, **maximum 30 words** per issue are free.